

Open Application for BIP – Achieving wellbeing: games and exercises for developing the motor intelligence

We are excited to announce the start of the application period for the Erasmus Blended Intensive Program (BIP) on *Achieving wellbeing: games and exercises for developing the motor intelligence* hosted by our partner university *Alexandru Ioan Cuza University*, Romania.

A Blended Intensive Programme is a short-term physical mobility with an online part (virtual component).

More detailed information about the BIP-[HERE](#)

The BIP will take place between 07-11 April 2025 in Alexandru Ioan Cuza University, Iasi, Romania. There will be **a mandatory virtual part too.**

Requirements:

To be a student at Shumen University (undergraduate and graduate students).

English Language: Level B1

What do you get?

Erasmus grant: 79 euro per day (5 days physical mobility + up to 2 days for travel)

ECTS credits: 3

Learning outcomes:

By the end of the programme, participants will be able to:

- Increased level of knowledge and skills regarding innovative approaches in implementing tools, methods, and activities for improving intelligence and motor skills in working with different age groups;
- Managing the progression of difficulty and complexity of implementing/teaching motor activities for different age groups;
- Experiencing new practical approaches in building strong and confident teams;
- Training the ability to become more creative in working with motor activities with different age groups;
- Development of transversal skills such as communication skills, language skills, critical thinking, problem solving, and intercultural skills;
- Broadening the network of contacts: the workshops and group discussions will provide participants with networking opportunities and connections with relevant people.

Application DEADLINE at Shumen University: 28.02.2025

Don't miss this chance to improve your language skills. Apply now! You can find the necessary documents [HERE](#):

The application is online you can find the **APPLICATION FORM:** [HERE](#)

If you don't have a certificate you can ask one of your teachers to evaluate your language proficiency and fill in the following form: LANGUAGE PROFICIENCY FORM FOR ERASMUS+ STUDENTS- [HERE](#)

For more information, you can contact the ERASMUS office at: erasmus@shu.bg.

Mobile phone: +359/88 484 4583